TIDSSKJEMA - ROMERIKSLEKENE LØRDAG 30. MAI 2015

Klokke	Sprint	Mellom	Lengde 1	Lengde 2	Høyde	Liten ball	Kule	Diskos
	60 Meter							
10:00	J7		J13	G12	G11	G10	G14+15	
10:05								
10:10	G7							
10:15	J8							
10:20	G8							
10:25								
10:30	J9							
10:35								
10:40	G9							
10:45								
10:50	J10							
10:55								
11:00				J7 + J8	G13/14	G12		
11:05	G10							
11:10							J15/16	
11:15	J11 Fo							
11:20						J9		
11:25						(bak tribunen)		
11:30								J13
11:35	G11 Fo							
11:40			J10					
11:45	J12 Fo							
11:50						J11		
11:55								
12:00	G12 Fo			G7 + G8		J7 + J8		G13
12:05						(bak tribunen)		
12:10					G10			
12:15	100 meter						J17- KS	
12:20	J13 Fo							
12:25								
12:30	G13 Fo							
12:35								
12:40								
12:45	J14 Fo			G9		G7 + G8		J14/15
12:50						(bak tribunen)		
12:55					G12			
13:00			G10					
13:05	G14 Fo							
13:10								
13:15	J 15 Fo					J10	G13	
13:20								
13:25	G15 Fo							
13:30								
13:35	J16 Fo							
13:40								
13:45	G16 Fo			J9		G9		
13.50						(bak tribunen)		
13.55	MS Fo							
14:00								
14:05								
14:10	J17 Fi				G15-MS			
14:15	G17 Fi		G11					
14:20	J18/19 Fi							
14:25	G18/19 Fi			J11				
14:30	J13 Fi					J12		J16-KS
14:35	G13 Fi							
14:40	J14 Fi							
14:45	G14 Fi						G16 - MS	
14:50	J15 Fi							
14:55	G15 Fi							
15:00	J16 Fi							
15:05	G16 Fi							
15:10	KS Fi							
15:15	MS Fi							
15:20								
15:25								
15:30	60 Meter							G14 + G15
15:35	J11 Fi							
15:40	G11 Fi							
15:45	J12 Fi							
15:50	G12 Fi					G11		
15:55								
16:00				J14				
16:05		600m						
16:10		J13	J12					
16:15								
16:20		G13						
16:25		J14						
16:30								
16:35		G14						
16:40								G17 - MS
16:45		800 M						
16:50		MS						
16:55								
17:00		G15						
17:05								
17:10		J15						
17:15								
17:20		J16+17+18/19						
17:25		G16+17+18/19						
17:30		KS						
17:35								
17:40								
17:45								
17:50								
17:55								
18:00								

TIDSSKJEMA - ROMERIKSLEKENE SØNDAG 31. MAI 2015

Klokke	Hekk	200m	Mellom / Lang	Lengde	Høyde	Stav	Kule	Spyd	Slegge
10:00		J13		G15	J10		G11	G16-MS	
10:05									
10:10									
10:15		G13				J16+17+18/19+KS			J11/12/13
10:20									
10:25		J14							
10:30									
10:35									
10:40							G12		
10:45		G14							
10:50									
10:55		J15							
11:00									
11:05		G15							
11:10							J10		
11:15		J16			J13				
11:20				J15				KS	
11:25		G16							
11:30		J17							G11/12/13
11:35		G17							
11:40		G18/19							
11:45		J18/19 + KS							
11:50		MS							
11:55									
12:00						G13/14/15/16	J13		
12:05									
12:10									
12:15	**60m HK**								
12:20	J10			G14				J16+17+18/19	
12:25									
12:30	G10				J12				
12:35	J11								
12:40									J14/15
12:45									
12:50	G11								
12:55	J12						G10		
13:00									
13:05	G12								
13:10	G13							J13	
13:15	J13								
13:20									
13:25	J14								
13:30				G16-MS	J11	J13/14/15			
13:35					(høydematte 2)				
13:40							J12		G14/15/16
13:45									
13:50	**80m HK**								
13:55	J15 + J16								
14:00	G14							J14	
14:05					J15-KS				
14:10									
14:15	**100mHk**								
14:20	J17								
14:25	J18/19+KS								
14:30	G15/16								
14:35									
14:40	**110mHk**								
14:45	G17 + 18/19			G13					
14:50							J11		
14:55			**600 Meter**						
15:00			G10					G13	
15:05									
15:10			G11						
15:15			J10						
15:20			J11						
15:25									
15:30			G12		J14				
15:35			J12						
15:40									
15:45			**3000m**						
15:50			MS/KS	J16 - KS					
15:55									
16:00							J14	G14/15	
16:05									
16:10	**300 Meter hekk**								
16:15	J15								
16:20	G14/15								
16:25	J16/17								
16:30	J14								
16:35	G16/17								
16:40									
16:45			**400 Meter**						
16:50			KS						
16:55									
17:00			MS						
17:05	**Stafetter 4 x 100m**								
17:10								J15	
17:15									
17:20	J10-12								
17:25	G10-12 + G13/14								
17:30	J13-14								
17:35	G13-14								
17:40	J15-19								
17:45	G15-19								
17:50									